#### DROP-IN CENTRE MON-FRI, 10AM TO 7PM

A safe space where you can immediately consult a social worker without an appointment.

# HELPLINE MON-FRI, 10AM TO MIDNIGHT

Call 6779 0282 for advice, information and a listening ear.

#### COUNSELLING

Our counsellors have the experience and sensitivity needed to support sexual assault survivors. First three sessions are free of charge.

#### **BEFRIENDER SERVICES**

Trained volunteers accompany you to the police, hospital or court, providing information and emotional support.

### LEGAL ADVICE

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Explore your legal options with free advice from an experienced lawyer.

**EMAIL SUPPORT** Write to us at sacc@aware.org.sg.

#### ALL CALLS AND CASES ARE KEPT STRICTLY CONFIDENTIAL.

visit > 5 Dover Crescent #01-22 Singapore 130005. Mon-Fri, 10am-7pm. No appointment necessary.

> **CONTACT >** 6779 0282 Mon-Fri, 10am-Midnight.

sacc@aware.org.sg | www.sacc.sg

# sexual assault

# Have you or

someone you

know been

sexually assaulted?

We offer

information,

support and a

listening ear.

21/11/14 3:48 pm

# WHAT IS SEXUAL ASSAULT?

Sexual assault is never the victim's fault, no matter what she wore, how much she drank or her sexual history.

Sexual assault can include:

- Any penetration without consent (e.g. vaginal, oral or anal), using any part of the body (penis, fingers) or object.
- Any unwanted touching, stroking, kissing, groping etc.
- Unwanted sexual requests, messages or gestures, including electronically, in the workplace or elsewhere.
- Being made to view pornography against your will.

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 Unwanted taking and/or sharing of nude or intimate photographs or videos, e.g. upskirting.

If you have been sexually assaulted, or are unsure about a sexual encounter and just want to talk, please get in touch.

# WHAT OUR CLIENTS SAY

"Thank you for sending a befriender to my aid. She was an invaluable source of motivation and counselling."

"I have received very useful advice from the lawyer. In addition, I am grateful as the lawyer has also highlighted some of the areas that I had missed out."

"The counsellor helped me a lot through a lot of difficulties. Gave a lot of support. Have referred friends who are in need of counselling. Have regained my confidence and am looking forward to serving AWARE through volunteering and doing any little things that can make a difference. I am healed towards this path and am very happy to have reached here."